

QUICK Packing Tips

As airline regulations become more stringent, travelers need to pack lighter – and smarter. Whether you're bicycling through France or embarking on a multi-city Oriental jaunt, here are a dozen tips for planning what to bring:



- 1 Talk to your travel consultant about the *weather, dress codes, customs*, AC- adaptors and hotel amenities.
- 2 A *detailed list* will help you bring less, remember necessities, and if you're traveling with kids, help them keep track of their things.
- 3 Select a simple color scheme. Plan to layer, *mix and match*. A scarf freshens a repeat outfit and can cover bare shoulders.
- 4 Bring something new, but mostly the *tried and true*.
- 5 *Things to leave at home*: camouflage pants, provocative clothing and ratty sneakers. Reserve shorts for sporting activities.
- 6 Jot down *important phone, credit card and passport numbers*. Pre-write address labels for your postcards. Have a special place for travel documents, passport, and health insurance information.
- 7 Bring only the *electronic devices* you really need. Pack chargers, adapters, and extra batteries.
- 8 Bring copies of your prescriptions, and an extra pair of glasses or contacts.
- 9 Assemble a basic *first aid kit*: band-aids, antibacterial wipes and ointment, aspirin, cold remedies, etc. Check with your travel consultant for *destination-specific precautions*.
- 10 Once you've gathered your items, lay everything on a bed and edit it down. Set aside your *carry-on items*, and bag all shoes and toiletries.
- 11 Write your *name, address and phone number* on the inside of your luggage.
- 12 Pack your heaviest items on the bottom and sides. For a multi-stop trip, pack by outfit to minimize repacking.